

What are the types of health plans?



There are different options for the type of health plan you choose. Depending on how you get your coverage (employer sponsored, individual, etc.) you may or may not have all of these options.

- ◆ **Health Maintenance Organization (HMO)**
- ◆ **Preferred Provider Organization (PPO)**
- ◆ **Point of Service (POS)**
- ◆ **High Deductible Health Plan (HDHP)**



Learn more about health insurance at hub.arkansasbluecross.com/health-insurance-basics

