blueprint

Understanding Health Insurance

There's a lot to know when it comes to health insurance terminology. Between the different types of plans, ways to enroll and terms used to explain your coverage there's a lot to know. Understanding the basics of health insurance can help you whether you're choosing a plan for the first time, or just want to make sure you are making the most of your coverage.

Let's get started! Just watch this brief video to help you understand more about health insurance basics.

YouTube:
https://vimeo.com/639578054/e3603db6a9

Embed code:

<iframe width="560" height="315" src="https://www.youtube.com/embed/_x_XDds8Zx8?si=f4WD0GMobiwI0_fd" title="YouTube video player" frameborder="0" allow="accelerometer; autoplay; clipboard-write; encrypted-media; gyroscope; picture-in-picture; web-share" allowfullscreen></iframe>

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