



blueprint

... Lucet ...

Behavioral Health Program

Almost everyone has a time in life where behavioral health plays a role. Whether it's your own journey or supporting someone you love, it's important to know where to go for help. That's why Arkansas Blue Cross and Blue Shield is working with Lucet. They provide behavioral health services to help you get the care you need, no matter what challenges you're facing.

You don't have to navigate behavioral health alone

With 24/7 access to licensed clinicians, Lucet can help you:

- Understand your behavioral and mental health needs and how you can benefit from care
- Locate in-network providers, specialty doctors and treatment facilities
- Connect with people and groups in your community that can support you
- Coordinate with your doctors to help you achieve your health goals

Get support for:

Depression

Anxiety

Substance use

ADHD

Autism

Bipolar disorder

Schizophrenia



Arkansas
BlueCross BlueShield

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Specialty services



Case Management Program

Work with a licensed behavioral health professional who can help you identify your needs, create a treatment plan and coordinate with your doctors.



Substance Use Disorder Clinical Response Unit

Licensed clinicians can assess your needs, teach you about evidence-based treatment options and ensure you are connected with the right care.



Behavioral health support



Visit arkansasbluecross.com/bh to access self-help tools, screening tools and find community resources for things like addiction, child abuse, employment, food pantries, military families and parenting.



When in doubt, speak to someone. You can reach Lucet 24/7 by calling 877-801-1159. If you find yourself or someone you love in crisis, call or text the Crisis Lifeline at 9-8-8.



Find a behavioral health or medical provider.

1. Visit blueprintportal.com
2. Sign in or register with your member ID number
3. Use the Find Care tool to find a behavioral health or other medical provider near you.

Blueprint Portal



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