

# Autism Resource Program

blueprint

Navigating an autism diagnosis can be challenging. That's why Arkansas Blue Cross and Blue Shield is working with Lucet to ensure your child gets the care they need and deserve.

## Expert care

### Applied Behavioral Analysis (ABA)

Behavior analysis is the scientific study of learning and behavior. The analysis focuses on the principles that explain how learning takes place most efficiently and effectively. ABA is the use of these principles to shape, change and improve behavior. Lucet uses this treatment method to bridge the gap between a person's current age and measured developmental age so they can function their best with others in their everyday life.

### What Lucet can do for you

Knowing each family's situation is different, Lucet ensures your ABA plan is personalized and effective.

#### The program offers:

- Certified case managers and board-certified behavior analysts (BCBA)
- Protective family outreach and education to help ensure your child can function well at home, in school, at work and in the community as they age.
- Close alignment with your health plan and your providers

#### Your BCBA case manager is available by phone or email to:

- Help you understand your health insurance and navigate healthcare systems
- Screen for and address other medical and/or behavioral conditions that you or your child may need help with
- Help you establish a treatment program that works for your family and child's unique needs
- Make referrals to professional and community resources
- Provide overall support to you and your family



For more resources and program information, visit [lucethealth.com/members/resources/autism-resource-center](https://lucethealth.com/members/resources/autism-resource-center).

To speak to someone 24/7, call **877-563-9347**.

For more information about what is available on your health plan, register or sign into [blueprintportal.com](https://blueprintportal.com).

