

# Getting care in the right setting

blueprint

Where you get care can make a huge difference for your pocketbook.

**Routine care** - Your family doctor for general health management and illnesses.  
*Ex: checkups, immunizations, preventive services, flu, cough, sore throat*

**After-hours care** - If your plan includes a telehealth program, you have 24/7 nonemergency care on your phone, tablet or computer when your doctor's office is closed.

**Urgent care or walk-in clinic** - When you need timely in-person medical attention (not severe or life-threatening).  
*Ex: Sprains, x-rays, minor broken bones, infections, burns, minor cuts, fever*

**Emergency care** - When your life or health is in danger without immediate medical help. *Ex: Heavy bleeding, difficulty breathing, major broken bones, chest pain, major burns, high fever*



Get additional information  
about your health plan at

[blueadvantagearkansas.com/gettingcare.](https://blueadvantagearkansas.com/gettingcare)



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