

Getting care in the right setting

blueprint

Where you get care can make a huge difference
for your pocketbook.

Routine care - Your family doctor for general health management and illnesses.
Ex: checkups, immunizations, preventive services, flu, cough, sore throat

After-hours care - Virtual Health
is 24/7 nonemergency care on
your phone, tablet or computer.
Go to MyVirtualHealth.com. *Ex:*
Nonemergency visits when your
doctor's office is closed

Urgent care or walk-in clinic - When
you need timely in-person medical
attention (not severe or life-threatening).
Ex: Sprains, x-rays, minor broken bones,
infections, burns, minor cuts, fever

Emergency care - When your life or health is in danger without immediate
medical help. *Ex: Heavy bleeding, difficulty breathing, major broken bones,*
chest pain, major burns, high fever



Get additional information
about your health plan at

blueadvantagearkansas.com/gettingcare.



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