

Everyone needs A family doctor

blueprint

Choosing a good family doctor is an important step toward a healthy lifestyle. Studies show that people with a family doctor have lower overall healthcare costs and are happier with their care. Having a family doctor helps you:



**Get in quickly
when you're sick**



**Schedule
regular checkups**



**Get treatment for
chronic conditions
or illness**



**Schedule appointments
with specialists
when necessary**



**Learn more about
being healthy**

Find a doctor online

1. Go to blueadvantagearkansas.com/findcare
2. Enter your member information to search, search as a guest or log into Blueprint Portal for even more ways to manage your health plan

Find an in-network doctor, hospital or
learn more about your health plan at
blueadvantagearkansas.com/gettingcare.



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