

# Virtual Health

blueprint

Virtual Health gives you 24/7 access to board-certified physicians. Use Virtual Health for:

- Allergies
- Common cold
- Constipation
- Cough
- Diarrhea
- Ear problems
- Fever
- Flu
- Headache
- Insect bites
- Nausea
- Pink eye
- Rash
- Respiratory problems
- Sore throat
- Vomiting
- More

Go to [MyVirtualHealth.com](https://MyVirtualHealth.com) and follow the simple steps to register or sign in.



Additional information about your health plan can be found online at [blueadvantagearkansas.com/gettingcare](https://blueadvantagearkansas.com/gettingcare).



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