

# You're expecting! Now what?

blueprint

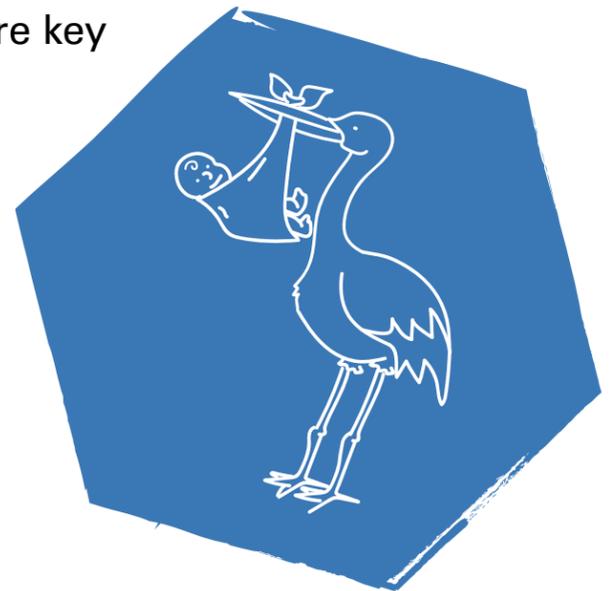
## Enroll in SPECIAL DELIVERY.

Special Delivery, a prenatal pregnancy program, is available at no cost through your BlueAdvantage Administrators of Arkansas health plan. The program helps you recognize potential problems and know when to seek medical attention. Early detection, education and treatment are key to preventing and managing high-risk conditions during pregnancy.



## WHY ENROLL?

- Get access to early detection, education and treatment that are key in the prevention and management of high-risk conditions
- Receive, free of charge, books and other educational material about your pregnancy and growing baby
- Personalized care planning with an assigned registered nurse who will contact you throughout your pregnancy, available to you Monday through Friday by phone or email
- Receive additional information by mail and nurse support if you have a high-risk pregnancy



## GET ENROLLED

- Call **800-225-1891, ext. 20225**
- Visit [blueadvantagearkansas.com/SpecialDelivery](https://blueadvantagearkansas.com/SpecialDelivery)
- Email [specialdelivery@arkbluecross.com](mailto:specialdelivery@arkbluecross.com).



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