

# ONDUO VIRTUAL DIABETES PROGRAM

Living with type 2 diabetes can be challenging, but Arkansas Blue Cross and Blue Shield and Health Advantage have an innovative diabetes management program to help members manage their disease and improve their health. With Onduo, eligible members can access tools, coaching and clinical support to take control of their type 2 diabetes. All at no additional cost to the member.

Employees participating will:

- Get support – Learn new ways to keep glucose levels in range from coaches and diabetes educators.
- Get tools at no cost – Use monitoring devices and tools to record levels at home and on the go.
- Get on with life – Make better choices based on information recorded and support received in the smartphone app.

Onduo supplements a primary care doctor's prescribed treatment plan and makes sure your employees have the support they need between doctor visits. The program also empowers your employees to build stronger communication with their doctors.

More than 100 million U.S. adults are living with diabetes or prediabetes, and healthcare costs related to the disease continue to rise. The Onduo virtual diabetes program from Arkansas Blue Cross and Health Advantage gives type 2 diabetics the tools, resources and support they need to improve their health and live their best life.

## Questions?

Contact your Arkansas Blue Cross or Health Advantage representative today.



Onduo is an independent company providing diabetes management services on behalf of Arkansas Blue Cross and Blue Shield and Health Advantage.